



The Barry Vivian Walking Group Program – July, 2026

Please note! Walks this month start at 7.00am

Tuesday 7th July

Ashgrove, Newmarket & Red Hill

Meet towards the northern end of Fulcher Rd, Red Hill, near the Ithaca Ck crossing. A walk through some back streets and byways of Ashgrove before crossing into Newmarket, then Red Hill for the return to the start. Morning tea/coffee at the 'Home on the Green' cafe beside where we park. About 7 km, some small hills, urban roads, laneways, and bike tracks, reasonably easy. *[At the Shed this morning: Normal activities, then **Pub lunch at the Brook Hotel (12.30pm)**. Back well before then.]*

Tuesday 14th July

Raven St Reserve & Chermside Hills

Meet at Downfall Ck Bushland Centre (Raven St Reserve on Rode Road). Walk via Milne Hill to the northern section of Trouts Road. Return through Chermside Hills to Hamilton Road and back through the Raven St Reserve. Coffee at Deja Bru café at the McDowall Shopping Centre (on Hamilton Rd) on the return drive. About 7 km, a few hills, some urban roads, bush tracks and bike paths. Includes one challenging - but optional - climb of 200 steps up and 50 down. (Pauses recommended!) Walkers may choose to take an alternate short detour to avoid this climb. Even with the steps, it's still only a moderately difficult walk overall. *[At the Shed this morning: **Wesley Hyperbaric – with Aiden Turner, CEO (10.30am – 12 noon)**. Will be back well before then.]*

Tuesday 21st July

New Farm to Hamilton walk

Meet near the Rotunda in New Farm Park (approx. 3/4 of the way around the circular drive). Walk downstream towards Newstead House along the riverside walk and a couple of side streets, before crossing Breakfast Creek and continuing along the Lores Bonney Riverwalk past Cameron Rocks Reserve all the way to Racecourse Road. Morning tea at Verandah Espresso cafe, before catching a Citycat from Brett's Wharf Ferry terminal back to New Farm Park (leaving every 15 minutes). About 6.5 km, virtually all flat bike/walking paths with just a couple of streets thrown in. Easy! *[At the Shed this morning: **Shed BBQ (11.00 – 12.00)** Will be back before then.]*

Tuesday 28th July

Mt Coot-tha – the easy way

Meet at Slaughter Falls car park, just off Sir Samuel Griffiths Drive. Walk to the falls (will these winter rains continue long enough to actually see some this time?) then continue on up to the top of Mt Coot-tha for morning tea/coffee with a view. Return a different way if not too muddy. About 6 km, a good mostly paved track up, possibly a couple of slippery parts if there's been rain, fire trail down - moderate. *[At the Shed this morning: **Normal shed activities.**]*

Enjoy the walks! Danny Kennedy Ph. 0418 632 669