	Suburb	ap Men's Shed & Cycle Fi Bike Ride Start Point	Destination	Via	Km.	Start Address	
•	Ferny Grove	Wahminda Park	Samford	Samford	-	Ancaster Rd, Ferny Grove	
	reilly Glove	Wallillida Fark	Samioiu	Samord	20	Alicaster Rd, Ferriy Grove	
	Toowong	Mt Coot-tha Botanic Gardens	The River loop	Bikeway to Coro dr. to Schonell Br. Brisbane Corso, Hyde Rd. Tennyson Tennis Ct. King Arthur Tce. cross Bridge Lambert Rd. Indooroopilly, Esplanade to Uni, Coro. Dr. back to Mt. Coot-tha	36	Ada Street Car Park Toowong	
	Toowong	Mt Coot-tha Botanic Gardens	Griffith University	Please refer to note attached at end of this cell >>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>		Ada Street Car Park Toowong	Optional Cool Day
_	Toowong	Wit Coot-tha Botaine Gardens	Gillian Chiversity	Please refer to note attached at end of this cent		Ada Street Car Park Toowong	Optional Cool Day
	St Johns Wood	St Johns Avenue Pk.	City Botanical Gardens	Downey Pk Victoria Pk Kurilpa Br South Bank Goodwill Bridge	34	5 Royal Parade, Ashgrove	
_					-		
5	Toowong	Mt Coot-tha Botanic Gardens	All About The River	Bikeway to Boundary Rd. Indooroopilly pass Ambrose Treacy School. To new river bikeway, under Indooroopilly Bridge to Lambert Rd. pass St. Peters School onto Taringa Fiveways, onto Perrin Pk. to Coro Dr. Bikeway to Goodwill Br. to bikeway to Kangaroo Pt. & Dockside up to & cross Story Br. Coffee at Botanical Gardens Cafe then riverside to Goodwill Br. Southbank to Go-Between Br. Coro Dr. Bikeway & back to Mt. Coot-tha.	40	Ada Street Car Park Toowong	
5	St Johns Wood	St Johns Avenue Pk.	Brisbane City Circuit	Downey Pk Victoria Pk Kurilpa Br South Bank Kangaroo Pt Story Br Howard Smith Wf. to Botanical Gardens	46	5 Royal Parade, Ashgrove	
7	Toowong	Mt Coot-tha Botanic Gardens	The Other River Loop	Western Freeway bikeway to Boundary Rd Indooroopilly, to new river bikeway, over Indooroopilly bridge, King Arthur Tce, tennis centre, Orsova Rd (coffee), Brisbane Corso, bridge to Qld Uni, Coro Drive, back to Mt Coot-tha	36	Ada Street Car Park Toowong	
3	Everton Park	Teralba Pk.	Nudgee Beach	Bikeway to Toombul, Nudgee Wetlands onto Nudgee beach	48	First carpark on left before Mitchelton Football Club	
9	St Johns Wood	St Johns Avenue Pk.	Hamilton North Shore Pk.	Bikeway Downey Pk. Cross to Breakfast Ck. bikeway to North Shore Pk. along river.	38	5 Royal Parade, Ashgrove	
0	Toowong	Mt Coot-tha Botanic Gardens	Stones Corner	Sylvan Rd. Coro Bikeway to Uni, Schonell Br., Creek to Norman Pk, onto Kangaroo Pt. to Southbank, Go Between Br, Coro Bikeway	35	Ada Street Car Park Toowong	
1	Everton Park	Teralba Pk.	Sandgate	Bikeway to Toombul, Nudgee Wetlands Boondall Wetlands to Sandgate - OPTION TO TAKE TRAIN BACK TO TERALBA PARK	64	120 Pullen Rd, Everton Park	
2	St Johns Wood	St Johns Avenue Pk.	Toombul	Downey Pk, cross under freeway to Albion Bikeway, pass Wooloowin Stn, onto Kedron Brook Bikeway to Toombul return via Kedron Brook Bikeway to Shand St back to Enoggera Ck Bikeway to St Johns Wood	39	5 Royal Parade, Ashgrove	
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13	Toowong	Mt Coot-tha Botanic Gardens	Bulimba New Farm	Bikeway to Coro Dr. then Schonell Br. cross Annerley Rd. follow bikeway to Stones Cnr. bikeway to Lytton Rd. & cross, then Hawthorne Rd to Oxford St Bulimba for a coffe break then to Ferry Terminal & cross river to New Farm, follow bikeway to Southbank, cross river to Coro Dr. Bikeway & back to Botanical Gardens	35	Ada Street Car Park Toowong	
1.4	Ct John- W 1	Ct Johns Avenus DIs	St I voic	Daymay Bk Vistoria Bk Biyarsida Bikayay Commenters	40	5 David Davids A-1	
4	St Johns Wood	St Johns Avenue Pk.	St Lucia	Downey Pk Victoria Pk Riverside Bikeway Coronation Dr	40	5 Royal Parade, Ashgrove	
5	St Johns Was J	St Johns Avanua Dla	West End	Downey Dk Victoria Dk Kurilna Br Diversida to West End	40	5 Poval Parade Asharava	
)	or Johns Mood	St Johns Avenue Pk.	west end	Downey Pk Victoria Pk Kurilpa Br Riverside to West End	40	5 Royal Parade, Ashgrove	
	rt Points						
to		Wahminda Park		https://goo.gl/maps/uC597EBXr7YmJJzh8		Ancaster Rd, Ferny Grove	
ta	Ferny Grove						
ota	Ferny Grove						
sta		St Johns Avenue Pk. Mt Coot-tha Botanic Gardens		https://goo.gl/maps/izAggMuduD4pQ8LF6 https://goo.gl/maps/jEsdsotdzUsNbtKe6		5 Royal Parade, Ashgrove Ada Street Car Park Toowong	